

# CLARK COUNTY DIABETES RESOURCES

## ORGANIZATIONS

### **Nevada Diabetes Association**

848 North Rainbow Blvd., Las Vegas, NV 89107  
702.875.5387

<http://www.diabetesnv.org>

*Offering Diabetes Camps year-round, Support Groups, English & Spanish Resource materials, Diabetes Education Programs & Emergency Medical Assistance.*

### **American Diabetes Association**

4424 South 700 East Ste. 100  
Salt Lake City, UT 84107  
702.369.9995 or 888.DIABETES (888.342-2383)

<http://www.diabetes.org>

*Provides diabetes resource materials, funds research & professional educators and speakers; promotes advocacy; offers Safe-At-School Advocacy and free Wisdom kits for newly diagnosed families.*

### **Juvenile Diabetes Research Foundation (JDRF)**

5542 S. Fort Apache Road Ste. 120  
Las Vegas, NV 89148  
702.732.4795 Fax: 702.732.1635

<http://www.jdrf.org>

*Diabetes publications, research, Youth Ambassador Program, Parent Coffee Talk, and Rockin Teen Scene Program.*

### **Nevada P.E.P. (Parents Encouraging Parents)**

7211 W Charleston Blvd  
Las Vegas, NV 89117  
702.388.8899

<http://www.nvpep.org>

*Provides support and advocacy to families with children with special needs. Assists with IEP and 504 plans.*

### **Southern Nevada Health District Office of Chronic Disease Prevention & Health Promotion**

330 S. Valley View  
Las Vegas, NV 89107

[www.getthehealthyclarkcounty.org](http://www.getthehealthyclarkcounty.org)

[www.vivasaludable.org](http://www.vivasaludable.org)



### **Immunize Nevada**

Northern Nevada  
427 Ridge St, Suite C Reno, NV 89501  
Southern Nevada  
1050 Flamingo Road Suite #E225  
Las Vegas, NV 89119  
775.624.7117 for both locations  
Email: [info@immunizenevada.org](mailto:info@immunizenevada.org)

### **University of Nevada School of Medicine Diabetes & Nutrition Center - AADE**

1707 W. Charleston Blvd. Ste. 200  
Las Vegas, NV 89102  
702.671.6469

**Shelley Williams**  
**Diabetes Nurse Educator**  
702.671.5136

## DIABETES EDUCATION & MANAGEMENT CLASSES

### **Desert Springs Hospital Diabetes Treatment Center**

2075 E. Flamingo Road, Ste. 225  
Las Vegas, NV 89119  
702.369.7560

<http://www.desertspringshospital.com>

*Offering a wide range of services available in English and Spanish.*

### **Diabetes Health Management, LLC 'The Jans'**

Certified Diabetes Educators  
7473 W. Lake Mead Blvd., Ste. 100  
Las Vegas, NV 89128  
702.562.8134 Fax: 702.562.8135  
Email: [diabeteshmnmv@aol.com](mailto:diabeteshmnmv@aol.com)

### **Dignity Health Diabetes Services St. Rose Dominican Hospital**

3001 St. Rose Parkway  
Henderson, NV 89052  
702.616.4914

[www.dignityhealth.org/las-vegas/about-us/serving-the-community/community-programs/diabetes-education-and-management](http://www.dignityhealth.org/las-vegas/about-us/serving-the-community/community-programs/diabetes-education-and-management)

*Diabetes self-management instructions with a CDE. Stanford Plus curriculum; 6 sessions; in English & Spanish.*

# CLARK COUNTY DIABETES RESOURCES



## **DOLCrX WELLNESS CENTER**

### **Accredited Diabetes Program**

801 S. Rancho Drive, Ste. A4  
Las Vegas, NV 89106

## **FirstMed Health and Wellness Center**

3343 South Eastern Avenue  
Las Vegas, NV 89169  
702.731.0909 Fax: 702.731.1020  
<http://www.firstmednv.org>

*Member of the Great Basin Primary Care Network*

## **Health Plan of Nevada**

702.877.5356 or 800.720.7253  
<http://www.healthplanofnevada.com>  
Monday through Friday, 8 a.m. to 5 p.m.  
*Ongoing diabetes classes open to members and non-members through the Health & Wellness Department. No materials fee. Meetings held at any Southwest Medical Associates location.*

## **Southwest Medical Associates**

### **Endocrinology AADE, DSME**

4475 S. Eastern Ave, Ste. 2400  
Las Vegas, NV 89119  
702.669.5867

## **Adashek & Wilkes, LLP**

### **DBA Desert Perinatal Associates**

5761 S. Fort Apache Rd.  
Las Vegas, NV 89148  
702.341.6610

## **Damaj Horizon View Medical Center**

6850 N. Durango Drive, Ste. 301  
Las Vegas, NV 89149  
702.641.8500

## **Doctor's Health Network**

5235 S. Durango Dr.  
Las Vegas, NV 89148  
702.851.7287 Ext. 114

## **Encore Wellness**

7440 West Cheyenne Ave, Ste. 104  
Las Vegas, NV 89129  
714.823.4400 EXT 111

## **Flourish Health & Wellness**

5135 Camino Al Norte, Ste. 250  
North Las Vegas, 89031  
702.626.0357

## **High Risk Pregnancy Center – Diabetes**

2011 Pinto Lane, Ste. 200  
Las Vegas, NV 89106  
702.382.3200

## **Nevada Senior Services**

901 N. Jones Blvd.  
Las Vegas, NV 89108  
702.648.3425 Ext. 213

## **United Healthcare Nevada**

2716 N. Tenaya Way, 3<sup>rd</sup> floor  
Las Vegas, NV 89128  
702.750.3830  
702.750.3830

## **YMCA of Southern Nevada**

141 Meadows Lane  
Las Vegas, NV 89107  
702.476.6747

## **Diabetes Care Center at North Vista Hospital**

1409 E. Lake Mead Blvd.  
North Las Vegas, NV 89030  
702.649.7711  
<http://www.northvistahospital.com/services/diabetes>  
*Classes for pre-diabetes, diabetes, and gestational diabetes.*

## **Summerlin Hospital Outpatient Diabetes Services**

657 Town Center  
Las Vegas, NV 89144  
702.233.7000  
<http://www.summerlinhospital.com/community-information/diabetes-education-program>  
*Classes & individual visits for diabetes, pre-diabetes & gestational diabetes with a CDE & registered dietitian.*

# CLARK COUNTY DIABETES RESOURCES

## **Sunrise Hospital**

3101 South Maryland Pkwy  
Las Vegas, NV 89109  
702.233.5454

<http://www.sunrisehospital.com/service/line/diabetes-classes>

*Registration for FREE classes required. Call 702.233.5454*

## **VA Southern Nevada Healthcare System**

3880 South Jones Blvd.  
Las Vegas, NV 89103  
702.636.3005 Fax: 702.636.4045

*Clinic for Veterans & Spouses open 7:30 a.m. to 4:00 p.m.  
FREE diabetes education classes offered Wednesdays  
from 8 a.m. to 11:00 a.m.*

## DIABETES PREVENTION PROGRAMS

### **Southern Nevada Health District/Get Healthy Clark County: Get Moving. Be Safe. Eat Better. Live Tobacco Free. Know Your Risks.**

702.759.1270

<http://www.gethealthyclarkcounty.org>

*Information and links to sites with resources including free online nutrition and physical activities programs, tobacco prevention, safety and much more.*

### **Healthier Living**

702.616.4900

*Learn how to live with a chronic condition. This is a 6-week free program called the Stanford Chronic Disease Self Management Program. Call for class dates, times and locations.*

### **iDo: Improving Diabetes and Obesity Coalition**

Jerry Reeves M.D.

702.743.1964

Email: [jreeves@healthinsight.org](mailto:jreeves@healthinsight.org)

### **YMCA Diabetes Prevention Classes**

702.522.7435

<http://www.lasvegasyymca.org/Durango-Hills/YMCA-Diabetes-Prevention-Program.aspx>

*Year-long diabetes prevention classes*



## **Children's Heart Center**

3006 S. Maryland Pkwy. Ste. 690  
Las Vegas, NV 89109  
702.732-1290 Toll Free: 866.732.1290  
Fax: 702.732.1385

<http://www.childrensheartcenter.com/behavioral-health-program/>

*Offers healthy hearts programs for children & families geared towards lifestyle activities & nutrition. followed by monthly maintenance.*

## DIABETES SUPPORT GROUPS

*Information is subject to change. It is recommended to call prior to attending.*

### **Adult Diabetes Education Management (ADEMS)**

6301 W. Charleston (West Charleston Library)  
Las Vegas, NV 89146  
702.507.3964

<http://www.diabetes-lasvegas.org>

*2<sup>nd</sup> Tuesday of the month from 6 to 7:30 p.m.*

### **Diabetes Power Show**

<http://www.diabetespowershow.com>

*Free IPOD Webcast with up to date diabetes management information. Listen on the Internet or download from iTunes.*

### **America's Diabetes Hour – Radio Program**

**Hosted by Bob Fisher**

KDWN 6 to 7 p.m. Sunday nights

[www.bobfishernv.com](http://www.bobfishernv.com)

### **JDRF Coffee Talk (Type 1 Diabetes)**

5542 S. Fort Apache Road Ste. 100  
Las Vegas, NV 89148

702.732.4795 Ask for Marcy.

*Meets 3<sup>rd</sup> Wednesday of each month.*

### **Alliance Against Diabetes**

3930 E. Patrick Lane  
Las Vegas, NV 89101  
702.207.0400

# CLARK COUNTY DIABETES RESOURCES



## **Nevada Diabetes Association**

### **DCAF Connections**

#### **Diabetes in Children & Families Support Group**

Rancho Healthcare Center & Urgent Care  
888 South Rancho Drive, Las Vegas, NV 89106  
702.875-5387

<http://www.diabetesnv.org>

*\*For children and adolescents with diabetes and their families. Free monthly meetings – first Tuesday of each month from 6:30 to 7:30 p.m. - with healthcare professionals speaking on a variety of diabetes related topics. Childcare provided.*

### **\*St. Rose Dominican Hospital**

Adult Support Group at the Outpatient Diabetes Clinic  
2651 Paseo Verde Pkwy. Ste. 180  
Henderson, NV 89074  
702.616.4975 to register

## **Dignity Health Green Valley Diabetes**

### **1. Diabetes Self-Management Program**

2651 Paseo Verde Pkwy, Ste. 180  
Henderson, NV 89074  
702-616-4900

*This program was developed by the Stanford School of Medicine for people with type 2 diabetes, to complement your current medical treatment. The six-week program will teach you ways to regain control of your life through self-management techniques.*

### **2. The Diabetes Support Group**

*Features a diabetes-related topic each month and an opportunity to meet others working toward living well with diabetes. Meets 1<sup>st</sup> Wednesday of the month at 10 a.m.*

## **DIABETES SUPPORT SERVICES**

### **Jennifer C. Moore**

Clinical Social Work/Therapist, MSW, LCSW  
2921 N. Tenaya Way, Ste. 235  
Las Vegas, NV 89128  
702.879.5869

*Specializing in child/adolescent disorders, coping issues and skills.*

## **The Dr. Joel and Carol Bower**

### **School-Based Health Center**

#### **Nevada State College**

Sherri Coffman, PhD, RN  
Associate Dean & Professor  
702.799.0508

<http://nsc.edu/4053.asp>

*Addresses significant unmet health needs of Henderson children ages 4 to 19 years*

## **Care Free Footwear**

1618 E. Charleston  
Las Vegas, NV 89104  
702.384.5121

<http://www.carefreefootwear.com/html/about.html>

*Specializing in diabetes footwear*

## **Foot Solutions**

2249 N. Rampart Blvd.  
Las Vegas, NV 89128  
702.836.3668

<http://www.footsolutions.com/store/lasvegas-summerlin/problems/diabetes>

*Specializing in diabetes footwear*

## **Orthopedic Motion**

2800 East Desert Inn Road Ste. 250  
Las Vegas, NV 89121  
702.697.7070 Fax: 702.697.7077

<http://www.orthopedicmotion.com/wound-foot-care.htm>

*Specializing in diabetes footwear*

## **Desert Springs Hospital Leg Circulation Center**

2075 E. Flamingo Road Ste. 225  
Las Vegas, NV 89119  
702.369.7979

*Complimentary ABI Screenings for Peripheral Artery Disease*

## **Desert Springs Hospital Wound Care Center**

2075 E. Flamingo Road Ste. 225  
Las Vegas, NV 89119  
702.369.7571

<http://www.desertspringshospital.com/hospital-services/advanced-wound-care-hyperbaric-medicine>

# CLARK COUNTY DIABETES RESOURCES

**Dhaval Shah MD Wound Care**

702.968.2437

<http://www.scidsinfusion.com>**Dignity Health – St. Rose Wound Care Centers**

San Martin and Rose de Lima Campus

702.492.8281 and 702.616.4870

**Kindred Hospital Wound Care Center**

702.220.4325

<http://www.kindredhospitalvs.com>**North Vista Hospital Wound Care Center**

Henderson, NV 89074

702.657.5559

<http://www.northvistahospital.com/services/woundcare>**Summerlin Hospital Wound Care Center**

702.233.7979

<http://www.summerlinhospital.com/hospital>**Sunrise Hospital Wound Care Center**

702.731.8266

<http://www.sunrisehospital.com/service/line/restore-wound-program/>**Valley Hospital Wound Care Center**

702.671.8660

<http://www.valleyhospital.net/hospital-services/wound-healing-and-hyperbaric-center>**Desert Springs Hospital - Surgical Weight Loss**

2075 E. Flamingo Road, Ste. 225

Las Vegas, NV 89119

702.369.7618

<http://www.desertspringshospital.com>**Clinical Pathology Laboratories**

702.795.4900

<http://www.cpllabs.com>*Offers low cost labs for cash patients.***Lab Express/Synergy labs**

4550 E. Charleston Blvd.

Las Vegas, NV 89104

702.643.5227

4161 S. Eastern Ave. Ste. A-6

Las Vegas, NV 89119

702.815.0420

**MedicAlert Foundation**

888.633.4298

<http://www.medicalert.org>*Provides a MedicAlert membership and basic MedicAlert ID for individuals in need.***Lower Extremity Amputation Prevention Alliance**

Lawrence M. Rubin, DPM, Director

10924 Grand Haven Avenue

Las Vegas, NV 89134

702.233.5235 Fax: 702.974.3668

<http://www.leaoalliance.org>

## DIABETES MEDICAL SPECIALISTS

**Kenneth Izuora, MD, MBA****Endocrinologist****University of Nevada School of Medicine****Diabetes & Nutrition Center - AADE**

1707 W. Charleston Blvd. Ste. 200

Las Vegas, NV 89102

702.671.6469

**Las Vegas Endocrinology****Quang Nguyen, DO****Mary Ann Martin, MD**

2865 Siena Heights #14

Henderson, NV 89052

702.431.7008

[www.ngumart@yahoo.com](http://www.ngumart@yahoo.com)**Lubna Ahmad, MD**

The Endocrine Clinic

7010 Smoke Ranch Rd. Ste. 100

Las Vegas, NV 89128

702.228.5000

**Maria Nwokike, MD**

5105 Camino Al Norte

North Las Vegas 89031

**Stephen Castorino, MD**

Advanced Health and Endocrine

653 N. Town Center Drive, Suite 202

Las Vegas, NV 89144

# CLARK COUNTY DIABETES RESOURCES



**Charmaine Yap, MD**  
**VA Hospital**  
6900 Pecos Rd.  
North Las Vegas, NV 89086  
702.636.6390

**Brian A. Berelowitz, MD, P.C.**  
**Susan VanBeuge**  
**Nathania Park, NP**  
653 Town Center Drive, Bldg. 2, Ste. 315  
Las Vegas, NV 89144  
702.804.9486

**Chard D. Bubb, MD**  
**Health Care Partners**  
2285 E. Flamingo, Ste. 108  
Las Vegas, NV 89119  
702.399.1287

## **SOUTHWEST MEDICAL ASSOCIATES**

**Roslyn Collins, APN**  
**Barry Gould, MD**  
**Michael Uzmann, MD**  
4750 W. Oakey, Ste. 40C  
Las Vegas, N 89102  
702.877.5199

**Firhaad Ismail, MD**  
2470 E. Flamingo #C  
Las Vegas, NV 89121  
702.792.4500

## **PALM MEDICAL GROUP**

**Serena Klugh, MD**  
**Samer Nakhle, MD**  
**Dr. Bijan Ahrari**  
**Dr. Betsy Palal**  
**Dr. Nicholas Verneti**  
**Dr. Omid Rad Pour**  
**Adriana Ruiz PA-C**  
1. 9280 W. Sunset Rd. Ste. 306  
Las Vegas, NV 89148  
702.696.7256  
2. 3150 N. Tenaya Way, Ste. 415  
Las Vegas, NV 89128

**Avi A. Ostrowsky, MD**  
2911 N. Tenaya Way, Ste.104  
Las Vegas, NV 89128  
702.360.9210

**William R. Litchfield, MD**  
**Desert Endocrinology**  
**Lindsey Reynolds, PA-C**  
**Violet Amirjalali, PA-C**  
2415 W. Horizon Parkway  
Henderson, NV 89052  
702.434.8400

**Neal Marek, DPM Podiatrist**  
Nevada Foot Institute  
4631 E. Charleston  
Las Vegas, NV 89104  
702.438.2425

**Molouk Rahnema, MD**  
Valley Endocrinology  
653 N. Town Center Drive, Ste. 504  
Las Vegas, NV 891444  
702.696.7256

**Freddie G. Toffel, MD**  
2700 E. Sunset Road #D34  
Las Vegas, NV 89120  
702.736.2021

**Paul V. Tomasic, MD**  
**Well Health Medical Group**  
10100 W. Charleston Blvd, Suite 210  
Las Vegas, Nevada 89135  
702.545.6116

**Claudia Vogel, MD**  
10561 Jeffreys St., Suite 211  
Henderson, NV 89052  
702.990.4530

**Milton Wong, MD**  
Desert Endocrinology  
8925 W. Sahara  
Las Vegas, NV 89117  
702.387.8868

# CLARK COUNTY DIABETES RESOURCES



## PEDIATRIC ENDOCRINOLOGY SPECIALISTS

**Alexandra Aguilar, MD**  
1524 Pinto Lane, 3rd Floor  
Las Vegas NV 89106  
702.944.2828

**Cathy Flynn, APRN Pediatric Endocrinology**  
The Dream Fund Pediatric Endocrinology Clinic  
St. Rose Dominican Hospitals  
10001 S. Eastern Avenue, Ste. 209  
Henderson, NV 89052  
702.616.5865

**Asheesh Dewan, MD**  
**Pediatric Endocrinology & Obesity**  
The Docs  
8352 W Warm Springs Rd #300  
Las Vegas, NV 89113  
702.851.7287

**Rola Saad, MD**  
**Ms. Trisha M. Briones, APN**  
Horizon View Medical Center  
6850 N. Durango Dr. Ste. 301  
Las Vegas, NV 89149  
702.641.8500

## LOW COST CLINICS

**Searchlight Healthcare**  
**Affordable Primary Care – A Federally Qualified Health Center**  
98 E. Lake Mead Parkway, Ste. 305  
Henderson, NV 89015  
702.478.7973

**Community Outreach Medical Center**  
1140 Almond Tree Lane Ste. 306  
Las Vegas, NV 89104  
702.657.3873  
<http://www.nvcomc.org>  
*General medicine, low cost lab testing, and on site pharmacy.*

### The Dr. Joel and Carol Bower School-Based Health Center

**MAIN CAMPUS:**  
1125 Nevada State Drive  
Henderson, NV 89002  
702.992.2000

**DOWNTOWN CAMPUS:**  
303 S. Water Street  
Henderson, NV 89015  
702.992.2000

<http://nsc.edu/4053.asp>.

*Addresses significant unmet health needs of Henderson children ages 4 to 19 years.*

### Eldorado Medical Center

1905 Civic Center Drive 2<sup>nd</sup> Floor  
North Las Vegas, NV 89030  
702.877.9514

<http://www.eldoradomedical.com/home.htm>

*Patients can be seen by appointment only and must provide Medicaid denial paperwork. Sliding scale fees.*

### First Med Health + Wellness Center

1. 3343 S. Eastern Ave.  
Las Vegas, NV 89169  
400 Shadow Lane, Ste. 104  
2. Las Vegas, NV 89106  
702.731.0909

<http://www.fmhwc.org/>

*Provides preventative, primary, and urgent care services for those 18 and older that are uninsured or under insured.*

### First Person Care Clinic DBA First Person Complete Care Diabetes Educator

1200 S. 4<sup>th</sup> Street Ste.111  
Las Vegas, NV 89104  
702.380.8118

<http://www.firstpersoncc.org>

Email: [info@firstpersoncc.org](mailto:info@firstpersoncc.org)

*Fees apply. Call for details.*

### Huntridge Teen Clinic

2100 S. Maryland Parkway, Ste. 5  
Las Vegas, NV 89104  
702.380.8118

[www.huntridge.org](http://www.huntridge.org)

# CLARK COUNTY DIABETES RESOURCES



## **Guadalupe Medical Centers**

1820 E. Lake Mead Blvd. #M Las Vegas, NV 89030  
731 N. Nellis Blvd. #2, Las Vegas NV 89110  
1060 N. Rancho Drive, Las Vegas NV 89106  
702.384.1110

*Provides glucose testing for \$15, medical visits for \$39, and has on site low cost lab testing.*

## **Hope Christian Health Clinic Federally Qualified Health Center (501c3)**

4357 Corporate Center Drive, Ste. 450  
North Las Vegas, NV 89030  
[View eligibility at www.hopehealthlasvegas.org](http://www.hopehealthlasvegas.org)  
702.644.4673

## **Machuca Family Medicine**

1501 S. Eastern Ave.  
Las Vegas, NV 89104  
702.778.7614 Fax: 702.778.7615  
<http://www.strosehospitals.org/healthinformation/communityprograms/183368>

*Offers \$40 consultations to anyone plus free pap smears and mammograms to women 40 +.*

## **Alliance Against Diabetes Clinic**

3930 E. Patrick Lane.  
Las Vegas, NV 89120  
702.207.0400  
*Physician and nutritionist on staff specializing in diabetes. They are also a research site for clinical trials and provide holistic care.*

## **Nevada Health Centers**

### **1.Martin Luther King**

1799 Mt. Mariah Dr.  
Las Vegas, NV 89106

### **2.Cambridge**

3900 Cambridge, Ste. 102  
Las Vegas, NV 89119

### **3.Eastern Dental & Medicine**

2212 S. Eastern Ave.  
Las Vegas, NV 89104

### **4.North Las Vegas**

2225 Civic Center Drive, Ste. 224  
N. Las Vegas, NV 89030  
All locations call 800.787.2568

## **North Las Vegas Family Health Center**

2320 McDaniel Ste. C  
Las Vegas, NV 89030  
702.214.5948 Fax: 702.214.9439

## **Las Vegas Outreach Center**

47 W. Owens  
North Las Vegas, NV 89030  
702.307.4635 Fax: 702.307.4631

## **Positively Kids Clinic**

701 N. Pecos Road  
Las Vegas, NV 89101  
702.455.3692  
*Provides low cost medical/dental for kids up to 18 years.*

## **Volunteers in Medicine of Southern Nevada Free Clinics – No Walk-ins**

[View eligibility at www.vmsn.org](http://www.vmsn.org)

### **Paradise Park Clinic**

4770 Harrison Drive Ste. B  
Las Vegas, NV 89121  
702.967.0530

### **Ruffin Family Clinic**

1240 N. Martin Luther King Blvd.  
Las Vegas, NV 89106  
702.967.0530

<http://www.vmsn.org>

*Free clinic offers comprehensive primary care to those eligible. No walk-ins; must call for eligibility screening.*

## **EYE CARE SERVICES**

### **Eye Care America – Diabetes Eye Care Program**

<http://www.eyecareamerica.org>

*Promotes annual dilated eye exams for people with diabetes. Those eligible receive a comprehensive medical eye exam and up to one year of care.*

### **Access to Healthcare Network**

702.877.385.2345

<http://www.accesstohealthcare.org>

*Offers dental and vision plans to those qualify.*



# CLARK COUNTY DIABETES RESOURCES



## VIP Vision Plan

702.341.7254

<http://www.vipvisionplan.com>

*Free vision plan open to all in Clark County. Eight locations and offers free vision screenings, and eye exams. Call for low cost pricing.*

## DENTAL SERVICES

### Access to Healthcare Network

702.877.385.2345

<http://www.accesstohealthcare.org>

*Offers dental and vision plans to those qualify.*

### CSN Dental Hygiene Program

6375 W. Charleston Blvd.

Las Vegas, NV 89146 Ste. A-500

702.651.5510

*Dental cleanings provided by dental hygiene students.*

*Fees range from \$35 to \$135.*

### Nevada Health Center

#### Eastern Family Medical & Dental Services

2212 S. Eastern Avenue

Las Vegas, NV 89104

702.735.9334 Fax: 702.735.6147

### Paradise Park Children's Dental Clinic

4770 Harrison Drive

Las Vegas, NV 89104

702.432.3334

<http://www.paradiseparkdental.com>

*Diabetes Full low cost dental services for children. Fees based on sliding*

### UNLV School of Dental Medicine

1001 Shadow Lane

Las Vegas, NV 89106

702.774.2400

*Diabetes self-management instructions with a CDE. Call to register for classes and individual appointment.*

### UNLV General Practice – Residency Program

1707 W. Charleston Blvd. Ste. 290

Las Vegas, NV 89102

702.671.5175

*Reduced cost care provided by dental students.*

## The Dental Center

574.807.0441

<http://www.dentalcenter-in.com>

*Offers extensive information and education on the adverse effects that diabetes has on dental health and how to avoid the risks through proper care.*

## DIALYSIS CENTERS

Visit [www.davita.com/Nevada](http://www.davita.com/Nevada) for a list of other DaVita facilities throughout the state of Nevada.

## PHARMACIES

### Huntridge Pharmacy

**Dr. Shaina Bock, AADE Certified Pharmacist/Instructor**

1144 E. Charleston Blvd.

Las Vegas, NV 89104

702.382.7373

*Diabetes Education Classes*

### DOLCRx PHARMACY & WELLNESS CENTER

**Accredited Diabetes Program**

801 S. Rancho Drive, Ste. A4

Las Vegas, NV 89106

### Sav-On/Albertsons Pharmacy Diabetes Care Programs

*Offers a variety of consultation formats such as glucose monitoring, nutrition, insulin use, foot care & sick-day management; a monthly 3-hour seminar on diabetes overview, medications and complications. CALL YOUR LOCAL DIABETES CARE SPECIALIST FOR MORE INFORMATION.*

## HEALTH INSURANCE ASSISTANCE

### State Health Insurance Assistance Program

702.486.3478 or 800.307.444

<http://www.nvaging.net>

*Provides information, counseling & assistance to Medicare beneficiaries in Nevada.*

# WASHOE COUNTY DIABETES RESOURCES



## Consumer Health Assistance (CHA)

555 E. Washington Ave. Ste. 4800  
Las Vegas, NV 89101  
702.486.3587 Fax: 702.486.3586 or 888.333.1597  
Email: [cha.govcha.state.nv.us](mailto:cha.govcha.state.nv.us)  
<http://www.dhhs.nv.gov/cha.htm>  
*Assists consumers with medical management & worker's compensation claims.*

## ORGANIZATIONS

### Care Chest of Nevada

7910 N. Virginia St.  
Reno, NV 89506  
775.829.2273 Fax: 829.8745  
*Offers diabetes supplies, medications, disability aids & equipment*

### Nevada Diabetes Association (NDA)

18 Stewart Street  
Reno, NV 89501  
775.856.3839 or 800.379.3839 Fax: 775.348.7591  
<http://www.diabetesnv.org>  
*Offers camp programs, diabetes awareness & education programs, diabetes information, materials, & a resource directory in English & Spanish, and insulin assistance programs.*

### Nevada P.E.P. Satellite Office

4600 Kietzke Lane, I-202  
Reno, NV 89502  
800-216-5188  
*Offers support services for families and children with disabilities – public assistance, resource library, individual assistance & community specialist network.*

### JDRF – Northern Nevada Chapter

645 Sierra Rose Drive #106  
Reno, NV 89511  
775.786.1881 or 800.925.5533 Fax: 775.827.0131  
<http://www.northernnevada@jdrf.org>

### American Diabetes Association

4424 South 700 East Ste. 100  
Salt Lake City, UT 84107  
702.369.9995 or 888.DIABETES (888.342-2383)  
<http://www.diabetes.org>  
*Provides diabetes resource materials, funds research & professional educators and speakers; promotes advocacy; offers Safe-At-School Advocacy and free Wisdom kits for newly diagnosed families.*

### Immunize Nevada

Northern Nevada  
427 Ridge St, Suite C Reno, NV 89501  
Southern Nevada  
1050 Flamingo Road Suite #E225  
Las Vegas, NV 89119  
775.624.7117  
Email: [info@immunizenevada.org](mailto:info@immunizenevada.org)

### American Cancer Society

**Cancer Action Network – Obesity, Nutrition & Activity**  
691 Sierra Rose Drive, Ste. A  
Reno, NV 89511  
775.828.2206  
[www.acscan.org](http://www.acscan.org)

## DIABETES EDUCATION & MANAGEMENT CLASSES

### Renown Health Improvement Programs

10085 Double R Blvd., Ste. 325  
Reno, NV 89521  
775.982.5073

### Health Enhancement Services – Diabetes Specialty Clinic - Renowned Diabetes Health Center & Stepping Stones to Health and Wellness.

850 Mill Street, Ste. 100  
Reno, NV 89502  
775.982.5073  
Email: [SteppingStones@renown.org](mailto:SteppingStones@renown.org)  
<http://www.renown.org>

# WASHOE COUNTY DIABETES RESOURCES



**Veterans Administration Medical Center (VAMC)** (No classes currently – call for more information)  
100 Locust Street  
Reno, NV 89502  
775.786.7200  
Email: [SteppingStones@renown.org](mailto:SteppingStones@renown.org)  
<http://www.va.gov/health/diabetes/default.htm>

**Carson Tahoe Health**  
1600 Medical Pkwy  
Carson City, NV 89703  
775.445.8607

*Diabetes education, consultation, classes and support groups and DPP program.*

**Partnership Tahoe Coalition  
Stanford DSME**  
1711 North Roop Street  
Carson City, NV 89706  
775.841.4730

## DIABETES SUPPORT GROUPS

**Nevada Diabetes Association (NDA)**  
Adult Support Program - FREE  
18 Stewart Street  
Reno, NV 89501  
775.856.3839  
*Meets 2<sup>nd</sup> Tuesday of each month. Call for information on speakers, topics, & parties.*

**Nevada Diabetes Association (NDA)**  
Family Support Program - FREE  
18 Stewart Street  
Reno, NV 89501  
775.856.3839  
*Meets 2<sup>nd</sup> Wednesday of each month. Call for information on speakers, topics, & parties.*

## DIABETES SUPPORT SERVICES & MEDICAL SPECIALISTS

**A Proper Fit Footwear  
Certified Pedorthist**  
[www.renoshoes.net/](http://www.renoshoes.net/)  
4001 S. Virginia Street  
Reno, NV 89502  
775.323.3757

**Daniel R. Caruso, M.D.**  
255 W. Moana Lane Ste. 101  
Reno, NV 89509  
775.287.2625

**Renown Health Advanced Wound Care**  
Center for Advanced Medicine B  
1500 E. 2<sup>nd</sup> St., Ste. 104  
Reno, NV 89502  
775.982.4100

**The Wound Care Center**  
Northern Nevada Medical center  
2375 E. Prater Way  
Sparks, NV 89434  
775.331.7000  
<http://www.nnmc/hospital-services/wound-care>

**Western Bariatric Institute**  
645 N. Arlington Ave., Ste. 525  
Reno, NV 89503  
775.326.9152  
<http://www.westernbariatricinstitute.com>

**Sasse Surgical Associates**  
75 Pringle Way Ste. 804  
Reno, NV 89502  
775.829.7999  
<http://www.sassesurgical.com>

**Northern Nevada Endocrinology**  
**Lisa G. Abbott, M.D.**  
**Christine Burns, PA-C**  
665 Sierra Rose Drive  
Reno, NV 89511  
775.786.4673

# WASHOE COUNTY DIABETES RESOURCES



## RENOWN MEDICAL GROUP

**Amanjot Lehil, MD &  
Ben Prohaska, PA-C**  
10085 Double R Blvd., Ste. 310  
Reno, NV 89521  
775.982.5000

**Kathryn Eckert, MD**  
75 Pringle Way Ste. 909  
Reno, NV 89502  
775.333.8000

**Robert S. Fredericks, MD**  
1495 Ridgeview Ste. 230  
Reno, NV 89519  
775.826.9300

**John R. Sutton, DO, FACOI, CCD, FACE**  
1177 North Division #3  
Sparks, NV 89703  
775.841.6333

## CHILDREN'S SERVICES

**Nevada Diabetes Association for Children & Adults**  
Children & Family Camp Programs (See organizations for  
details).  
775.856.3839 or 800.379-3839

## EYE CARE SERVICES

**Eye Care Associates of Nevada**  
2285 Green Vista Drive  
Sparks, NV 89431  
775.674.1100 or 800.331.4393  
*Medical & surgical management of eye disease*

**Nevada Retina Associates**  
610 Sierra Rose Drive  
Reno, NV 89511  
775.356.7272

## DENTAL SERVICES

### Nevada Medicaid

- Reno – 775.688.2606
- Carson City – 775.684.7200
- Statewide – 800.992.0900
- Fallon – 775.423.3161
- Elko – 775.753.1191

### Northern Nevada Dental Health Program

775.770.6609

<http://www.nndental.org>

*Applications in English & Spanish on website*

### HAWC

1055 S. Wells Avenue  
Reno, NV 89502  
775.329.6300

### HAWC

6490 S. McCarran Blvd., Ste. A-9  
Reno, NV 89509  
775.825.6702

### TMC Dental Hygiene Program

7000 Dandini Blvd.  
Reno, NV 89512  
775.674.7554  
*(Preventive services)*

## DIABETES TESTING FOR THOSE WITHOUT A DOCTOR OR INSURANCE

*Sliding fee, and Medicaid accepted at the following  
locations:*

### Gerlach Medical Clinic

350 Short St.,  
Gerlach, NV 89412  
775.887.1590 Fax: 775.557.2140

### Community Health Alliance

1055 S. Wells Ave.  
Reno, NV 89502  
775.329.6300  
*Screenings, support services, pharmacy*

# WASHOE COUNTY DIABETES RESOURCES

## **NV Hopes**

580 W 5th Street  
Reno, NV 89503  
775.786.4673  
*Screenings, support services, pharmacy*

## **DIALYSIS CENTERS**

### **DCI**

778 Basque Way  
Carson City, NV 89706  
775.883.5400 Fax: 775.883.0255

### **Washoe Health Center in Carson**

3310 Goni Road, Bldg. H  
Carson City, NV 89706  
775.886.6450

### **Davita – Pahrump Dialysis Center**

1460 E. Calvada Blvd.  
Pahrump, NV 89048  
775.751.4300

### **Davita – Sparks Dialysis Center**

4860 Vista Blvd.  
Sparks, NV 89436  
775.359.5432

Visit [www.davita.com/Nevada](http://www.davita.com/Nevada) for a list of other DaVita facilities throughout the state of Nevada.

## **HEALTH INSURANCE ASSISTANCE**

### **State Health Insurance Assistance Program**

702.486.3478 or 800.307.444  
<http://www.nvaging.net>  
*Provides information, counseling & assistance to Medicare beneficiaries in Nevada.*

### **Nevada Primary Care Association**

755 N Roop St #211  
Carson City, NV 89701  
775 .887.0417  
*Provide sliding scale fee based on household and family size.*



## **RURAL NEVADA DIABETES SERVICES**

## **DIABETES EDUCATION & MANAGEMENT CLASSES**

**Humbolt General Hospital**  
**DBA Living Well With Diabetes**  
118 E. Haskell Street  
Winnemucca, NV 89445  
775.623.5222 Ext.1756  
**Tiffani Nalivka**  
Registered Dietitian Nutritionist

**Nye Communities Coalition**  
**Stanford DSME**  
1.1020 East Wilson Road  
Pahrump, NV 89048  
2. 850 Mill Street  
Reno, NV 89502  
775.982.5073

**Sanford Center for Aging**  
**University of Nevada Reno**  
**Stanford DSME**  
1664 North Virginia St.  
Reno, NV 89557

**PACE Coalition**  
**Stanford DSME**  
1645 Sewell Drive, Ste. 41  
Elko, NV 89801  
775.777.3451

**Southwest Medical Associates**  
**Endocrinology AADE DSME**  
2210 Calvada  
Pahrump, NV 89048

# RURAL NEVADA DIABETES SERVICES



## **Diabetes Wellness** – Classes in English & Spanish

195 N. Ada Street  
Fallon, NV 89406  
775.423.4933  
Email: [diabeteswell-ness@hotmail.com](mailto:diabeteswell-ness@hotmail.com)

## **Choose Control**

Churchill Community Hospital  
801 E. Williams  
Fallon, NV 89406  
Email: [connie.honea.@bannerhouse.com](mailto:connie.honea.@bannerhouse.com)  
775.423.3151

## **Carson Tahoe Minden Medical Center**

925 Ironwood Drive, Ste. 1105  
Minden, NV 89423  
775.445.7800

## **South Lion Medical Center**

213 S. Whitacre Street  
Yerington, NV 89447  
775.463.2301

## **Amargosa Valley Medical Clinic**

845 Farm Road  
Amargosa Valley, NV 89020  
775.372.5432 Fax: 775-372.1303  
*Help the uninsured, underinsured, and low income. Call clinic for details.*

## RURAL NEVADA CLINICS

### **Amargosa Valley Medical Clinic**

845 Farm Road  
Amargosa Valley, NV 89020  
775.372.5432 Fax: 775-372.1303  
*Help the uninsured, underinsured, and low income. Call clinic for details.*

### **Austin Medical Clinic**

121 Main Street  
Austin, NV 89310  
775.964.2222 Fax: 775.964.2232

## **Beatty Medical Clinic**

702 Irving Street  
Beatty, NV 89003  
775.553.2208 Fax: 553.2844  
*Assist the uninsured, underinsured and low income. Sliding scale fees are based on income. Includes Dental, Women's Health, Pediatrics & other Medical – Open 8 to 5 p.m.*

## **Caliente Clinic**

700 North Springs Street  
Caliente, NV 89008  
775.726.3121  
*Help the uninsured, underinsured, and low income. Sliding scale payments are based on income. Call for details.*

## **Carlin Clinic**

151 S. 8<sup>th</sup> Street  
Carlin, NV 89822  
775.754.2666 Fax: 775.754.2654

## **Crescent Valley Medical Center**

5043 Tenabo Avenue  
Crescent Valley, NV 89821  
775.468.1010 Fax: 775.468.1019

## **Eureka Medical Clinic**

250 S. Main Street  
Eureka, NV 89316  
775.237.5313 Fax: 775.237.5073  
Jackpot Community Health Center  
135 Keno Drive  
Jackpot, NV 89825  
775.755.2500 Fax: 775.755.2502

## **Wendover Community Health Clinic**

925 Wells Ave.  
Wendover, NV 89020  
775.664.2220 Fax: 775.664.2965

## **Lincoln Co. Medical Clinic**

1st West Street  
Alamo, NV 89801  
775.725.3364

## ADDITIONAL DIABETES SERVICES & RESOURCES

### State of Nevada Board of Medical Examiners

1105 Terminal Way, Ste. 301  
Reno, NV 89502  
775.688.2559 or 888.890.8210

### Medical Malpractice Center

Assists patients in determining if there is legal recourse to a medical error or oversight.

[www.malpracticecenter.com/states/nevada](http://www.malpracticecenter.com/states/nevada)

## FIND AN ENDOCRINOLOGIST

### American Association of Clinical Endocrinologists

1000 Riverside Avenue Ste. 205  
Jacksonville, FL 32204  
904.353.7878 Fax: 904.353.8185372  
<http://www.aace.com>

## NATIVE AMERICAN DIABETES RESOURCES

### B.I.A. Agency

Western Nevada Agency  
311 Washington Street  
Carson City, NV 89701  
775.887.3500

### Nevada Urban Indians

5301 Longley Lane  
Reno, NV 89511  
775.788.7600

### Reno Spark Indian Colony

98 Colony Road  
Reno, NV 89502  
775.329.5162

### Washoe Tribe Health Center

Indian Health Services  
1559 Watasheama  
Gardnerville, NV 89460  
775.265.4218



### Owyhee PHS Indian Hospital

P.O. Box 130  
Highway 225  
Owyhee, NV 89832  
775.757.2415

### Walker Tribal Health Clinic

1025 Hospital Road  
Shurz, NV 89427  
775.773.2005

The Fallon, Pyramid Lake, Reno/Sparks and Washoe Clinics are managed through tribal contracts. The Fort McDermitt Clinic and Walker Tribal Health Clinic are HIS-operated.

The tribal communities of Moapa and Las Vegas are located approximately 360 miles from Schurz. They receive healthcare through tribal and HIS contract care.

The other tribal communities in the Service Unit are Yomba, Winnemucca, Yerington, and Lovelock, and receive healthcare through direct HIS services and contract care.

For more information on HIS contracts contact:

### Phoenix Area Indian Health Service

Two Renaissance Square  
40 North Central Avenue  
Phoenix, AZ 85004  
602.364.5039 Fax: 602.364.5042

## HEALTH PROGRAMS & ASSISTANCE FOR THE UNINSURED

*The following programs may be of help if you do not have health insurance:*

### Access to Health Care Network

775.770.3872  
<http://www.accesstohealthcare.org>

# ADDITIONAL DIABETES SERVICES & RESOURCES



## **Nevada Health Insurance Exchange**

Online registration health insurance  
<http://www.nevadahealthlink.com/insurance>

## **Access to Health Care Network – NHAP Program**

Help with registering for health insurance:  
877.385.2345  
<http://www.accesstohealthcare.org>  
*NHAP for ages 55 to 64 years of age and uninsured. Offer medical discount plans for southern Nevadans who qualify*

## **www.healthcare.gov**

If you live in a state other than Nevada, check the following website for insurance.  
*Online service which helps consumers take control of their care by connecting them to new information and resources to help access quality, affordable health coverage.*

## **Nevada Check-up**

877.543.7669  
<http://www.insurekidsnow.gov>  
*Nevada Check-up is the state of Nevada's Children's Health Insurance program, providing low cost, comprehensive health care coverage for working families with uninsured children 0 to 18 years of age. Call or access the application on the website.*

## **State Health Insurance Assistance Program (SHIP)**

702.486.3478 or 800.307.444  
<http://www.nvaging.net>  
*Provides information, counseling & assistance to Medicare beneficiaries in Nevada.*

## **Medicare**

1.800.Medicare  
<http://www.medicare.gov>  
*A federal health insurance program to those whom meet the eligibility criteria. To receive benefits an individual must be at least 65 years old or must have a proven disability preventing them from working. For questions call the Nevada State Health Insurance Assistance Program: 702.486.3478*

**Medicare Part A** is a hospital insurance.

**Medicare Part B** is optional and is medical insurance for outpatient hospital care & physician's services.

**Medicare Part C** (Medicare Advantage) combines A & B, and the plans are run by private insurance companies. Generally, you must see Physicians in he plan.

## **Medicare 'Extra Help' Programs**

### **Nevada Aging & Disability Services Division**

702.333.1038  
*Special programs may cover Medicare Part B and Part D premiums and protect you from the drug plan 'donut hole'.*

## **Nevada Medicaid Office**

702.668.4200 (Las Vegas)  
775.687.1900 (Reno)  
775.684.3600 (Carson City)  
877.638.3472 (Toll Free)  
<http://www.medicaid.nv.gov/>  
*Nevada Medicaid is a program which provides quality health care services to low-income Nevadans who qualify based on federal and state law.*

## CO-PAYMENT PROGRAMS

### **Partnership for Prescription for Assistance**

888.477.2669  
<http://www.pparx.org>  
*NHAP for ages 55 to 64 years of age and uninsured. Offer medical discount plans for southern Nevadans who qualify.*

## DRUG DISCOUNT CARDS

*There are many types of drug discounts cards. Check with the pharmaceutical company that produces your prescription for programs or discount cards.*

### **Together RX Access**

P.O. Box 9426  
Wilmington, DE 19809-9944  
800.444.4106  
<http://www.togetherrxaccess.com>  
*FREE discount savings card for those with no prescription coverage and not eligible for Medicare. Save 25 to 40% on more that 300 brand name medications.*



# ADDITIONAL DIABETES SERVICES & RESOURCES

## Needy Meds Drug Discount Card

<http://www.needymeds.org/drugcard>

*Offers a discount card that provides a 20 to 60% discount on many medicines. The card is free and open to everyone.*

## Nevada Drug Card

<http://www.nevadadrugcard.com>

*FREE discount prescription card program.*

## RX Hope

877.267.0517

<http://www.rxhope.com>

*FREE discount savings card. Covers some pet medications.*

## WorldDoc Foundation

<http://www.myhealthynv.com>

*Provides discount drug cards*

## MEDICATION ASSISTANCE RESOURCES

### Access 2 Wellness

866.317.2775

<http://www.access2wellness.com>

*Website is designed to assist in easily finding information on assistance programs, featuring a unique eligibility tool to determine which assistance programs might be appropriate.*

### Partnership for Prescription Assistance

888.477.2669

<http://www.pparx.org>

*Helps patients who qualify – with or without prescription coverage – to find their medications for free or discounted.*

### HopeLink

178 Westminister Way

Henderson, NV 89015

702.566.0576

[www.link2hope.org](http://www.link2hope.org)

*Offers financial assistance to those who qualify – including assistance with housing, utilities and prescriptions. (Prescription assistance for Henderson residents only).*



### Medicine Cabinet

702.444.6082 Fax: 702.650.2184

<http://www.wp.tmcmeds.com/>

*Membership fees apply.*

### Needy Meds

702.333.1038

<http://www.needymeds.org>

*Website provides information on medicine and healthcare assistance programs. They are not a patient assistance program and do not supply medicine or financial assistance.*

### Nevada Senior RX

Department of Health & Human Services

866.303.6323

775.687.7555 (Reno, Carson City, Gardnerville)

<http://www.dhhs.nv.gov/seniorrx.htm>

*Provides Nevada seniors – with or without Medicare Part D – with assistance paying for medications.*

### Nevada Disability RX Program

Department of Health & Human Services

866.303.6323

775.687.7555 (Reno, Carson City, Gardnerville)

<http://www.dhhs.nv.gov/disabilityrx.htm>

*Provides assistance with the cost of prescription medications to qualified individuals with diabetes.*

### Care Chest of America

7910 North Virginia

Reno, NV 89506

775.829.2273 Fax: 775.829.8745

<http://www.togetherrxaccess.com>

*Offers diabetes supplies, medications, disability aids & equipment.*

### Nevada Diabetes Association (NDA)

702.875.5387 – Las Vegas

775.856.3839 - Reno

<http://www.diabetesnv.org>

*Free emergency insulin with prescription.*

## ADDITIONAL DIABETES SERVICES & RESOURCES

### **RXAssist**

401.729.3284

[www.rxassist.org](http://www.rxassist.org)

Information, news and a database to assist with finding affordable or free medications.

### **RX Hope**

877.267.0517

<http://www.rxhope.com>

Offers discount savings cards and assists qualifying patients to find the meds they need for free or discounted.

## PRESCRIPTION & MEDICAL SUPPLY ASSISTANCE PROGRAMS

### **Abbott Patient Assistance Program**

800.222.6885

<http://www.abbottpatientassistancefoundation.org>

Provides Freestyle & test strips to those who qualify.

### **Amylin Pharmaceuticals – Patient Assistance Programs**

800.330.7647

<http://www.amylinreimbursement.com>

Call or visit website for application. Must meet qualifications & have no prescription coverage.

### **BD Medical – Insulin Syringe Assist Program**

866.818.6906

Offers 3 month supply of syringes for \$15 to those who qualify.

### **BD Medical – Diabetes Care**

888.232.2737

Call to request coupons off syringes and needles.

### **GlaxoSmithKline – GSK Access**

866.475.3678

<http://www.gskforyou.com>

Provides prescription assistance to those who qualify. Call to ask about meds covered.



### **Lilly Cares Patient Assistance Program**

800.545.6962

<http://www.lillycares.com>

Provides prescription assistance to those who qualify. Prescription required for insulin.

### **Merck Patient Assistance Program**

800.727.5400

<http://www.merckpap.com>

Provides medications free of charge to those eligible.

### **Novo Nordisk**

Diabetes Patient Assistant Program

866.310.7549

<http://www.diabetespap.com>

Must not have prescription coverage to qualify. Meds include Novolog, Novolin & Levemir insulins, Glucagon kits, Victoza, NovoFine Needles, Prandin & Prandinet.

### **Sanofi-Aventis-Patient Assistance Program**

800.221.4025

<http://www.patientassistanceprogram.sanofi-aventis.us>

Prescription assistance to those without prescription coverage; who cannot afford medications, and meet eligibility requirements.

### **Pfizer-MAINTAIN Program**

Medication Assistance for Those in Need

866.706.2400

<http://www.pfizerhelpfulanswers.com>

For the un and under insured who need help getting Pfizer medications for free or at a discount.

### **Takeda Pharmaceuticals – Patient Assistance**

800.830.9159

<http://www.takedapap.com>

For low income individuals and families with no prescription coverage.

### **Xubex Free Diabetes Kits & Supplies**

866.699.8239

<http://www.xubex.com>

Provides free diabetes supplies to those who qualify including glucose meter, lancet device, carrying case and strips. Discount diabetes program for test strips and lancets.

# ADDITIONAL DIABETES SERVICES & RESOURCES

## MEDICAL SHARP DISPOSAL

### Pain in the Drain

<http://www.paininthedrain.com>

*Provides information to dispose of unwanted or expired medications at LV Metro, Boulder City Police Dept., & City of Henderson Police Dept.*

### Republic Services

*Dispose of needles, syringes and sharp containers. Drop-off locations listed below. Hours for Household Hazardous Waste are: Wednesday thru Saturday from 9 a.m. to 1 p.m.*

*5 Gallon limit per drop off. Place waste in tin can. Seal and label container with the contents. Must bring a copy of your last Republic Services residential bill & valid photo ID.*

- **Henderson Transfer Station**  
560 Cape Horn Drive, Henderson, NV 89011  
702.735.5151
- **Recycle Center**  
333 W. Gowan Road, Las Vegas, NV 89032  
702.599.5852

### Washoe County

<http://www.jtnn.org/wpcontent/uploads/2013/05/sharps-disposal-sites.pdf>

*In other communities call your waste disposal company for assistance.*

## DIETITIANS & NUTRITIONISTS

### American Dietetic Association

800.877.1600

<http://www.eatright.org>

*Information in English & Spanish on nutrition and mealplanning, Visit website to find a dietitian.*

### Nevada Dietetic Association

Email: [Nevadard@gmail.com](mailto:Nevadard@gmail.com)

<http://www.nevadard.com>



### Dr. Allen Wellness Center

1701 N. Green Valley Pkwy, Suite 5B

Henderson, NV 89074

702.754.4900

[info@drallenwellness.com](mailto:info@drallenwellness.com)

[www.drallenwellness.com](http://www.drallenwellness.com)

### FITNESSGOALS

[www.fitnessgoals.com](http://www.fitnessgoals.com)

*Programs, stories & advice for diet, nutrition, fitness and exercise.*

### American Association of Diabetes Educators

100 W. Monroe Street, 4<sup>th</sup> floor

Chicago, IL 60603

800.338.3633

Email: [aade@aadenet.org](mailto:aade@aadenet.org)

<http://www.aadenet.org>

*For the un and under insured who need help getting Pfizer medications for free or at a discount.*

### Helen Nichols

Certified Nutritionist

[www.well-beingsecrets.com](http://www.well-beingsecrets.com)

### Ask The Dietician

<http://www.dietician.com>

*Joanne Larson's weight and calorie calculator!*

### Diabetic Gourmet Magazine

<http://www.diabeticgourmet.com>

*Good articles, recipes, and health information.*

### About Diabetes

<http://www.diabetes.about.com>

*Information and links to Carb Counting, Meal Planning, the Vegetarian Resource Group and more.*

### Low Carb Eating

<http://www.lowcarbeating.com>

*Atkins Diet and Low Carb Diet recipes, information, support, products and much more.*

### American University

**Nutrition Education Resource Center**

[www.programs.online.american.edu](http://www.programs.online.american.edu)

# ADDITIONAL DIABETES SERVICES & RESOURCES



## SPECIAL PROGRAMS & SERVICES

### ACCESS TO HEALTH CARE NETWORK - HOTLINE

877.385.2345

3075 E Flamingo Rd #118, Las Vegas, NV 89121

702.489.3400

*Services families with Nevada Check-up & Medicaid.*

### Nevada Libraries for the Blind & Physically

**Handicapped** – Talking Books

775.684.3354 or 800.922.9334

### Equitable Life Insurance Society

6375 W. Charleston Blvd. Ste. A-172

Las Vegas, NV 89146

800.888.9763

*Life Insurance or disability for Type 1 and 2 diabetes.*

### State Health Insurance Assistance Program

702.486.3478 or 800.307.444

<http://www.nvaging.net>

*Provides information, counseling & assistance to Medicare beneficiaries in Nevada.*

### [www.nevada211.org](http://www.nevada211.org)

*Call 211 to connect to free information about critical health & human services availability in the community.*

### NIDDK

800.860.8747

<http://www.diabetes.niddk.nih.gov/dm/pubs/financialhelp/>

*Provides publication, "Financial Help for Diabetes Care" offering programs to cover medical expenses for those with diabetes who qualify.*

### ADDITIONAL RESOURCES

*Your local library has many books on diabetes, including diet and exercise information. **Call the Nevada Diabetes Association for a list of books: 775.856.3839.***

*Order books through the American Diabetes Association*

### Free Diabetes Identification Jewelry

Diabetes Research and Wellness Foundation

Send a stamped self-addressed envelope to:

5151 Wisconsin Ave. NW #420

Washington, DC 20016

866.706.2400

<http://www.diabeteswellness.net>

### For Information on Retinopathy

#### American Academy of Ophthalmology

P.O. Box 7424

San Francisco, CA 94120

415.561.8500 Fax: 415.561.8533

<http://www.eyeorbit.org>

### For Information on Diabetic Foot Problems

#### American College of Foot & Ankle Surgeons

515 Busse Hwy.

Park Ridge, IL 60068

<http://www.acfas.org>

## INSULIN PUMP INFORMATION

### Animas

877.YES.PUMP 877.937.7867 or 702.838.8008

<http://www.animas.com>

*Resource for pump education and classes in Las Vegas.*

### Medtronic

18000 Devonshire Street

Northridge, CA 91325

800.646.4633

<http://www.medtronicdiabetes.com>

## GOVERNMENT RESOURCES & PROGRAMS

### Nevada Diabetes Prevention & Control Program

4150 Technology Way, Ste. 210

Carson City, NV 89706

775.684.4231

Email: [maweiss@health.nv.gov](mailto:maweiss@health.nv.gov)

<http://www.health.nv.gov>

# ADDITIONAL DIABETES SERVICES & RESOURCES

## Consumer Health Assistance

702.486.3587 or 888.333.1597 Fax: 702.486.3586  
<http://www.dhhs.nv.gov/cha.htm>

## Bureau of Services for the Blind & Visually Impaired

- Carson City District Office: 775.684.0400
- Elko District Office: 775.753.1930 or 800.395.0600
- Las Vegas District Office: 702.486.5333 or 800.662.3366
- Reno District Office: 775.688.1450 or 800.338.6185

## Nevada Insurance Division

<http://www.doi.nv.gov>

- Carson City: 775.687.4270
- Las Vegas: 702.486.4009

## Medicare

Supplemental Insurance  
800.992.0900 or 775.687.4270

(\*Indicates Medicaid staff locations at district office)

- \*Carson City – 775.687.4270
- Elko – 800.873.2261
- Fallon -775.423.3161
- Hawthorne – 775.945.3602
- Henderson – 775.945.3602
- \*Las Vegas – *Belrose Office* – 702.486.5270
- Las Vegas – *Charleston Office* – 702.486.4520
- Las Vegas – *Owens Office* – 702.486.5040
- Lovelock – 775.273.7157
- \*Reno – *Mill Street Office* – 775.688.2811
- Reno – *Ninth Street Office* – 775.688.2000
- Tonopah – 775.482.6626
- Winnemucca – 775.623.6557
- Yerington – 775.463.3151

**Medicare** – Information on Diabetes Screening, Supplies & Education (paid by Medicare)

7500 Security Blvd.  
Baltimore, MD 21244  
800.medicare

<http://www.medicare.gov/health/diabetes.asp>



## Project NEON (Nevada Elders on the Net)

3416 Goni Road, Bldg. D  
Carson City, NV 89706  
Email: [dascc@aging.nv.gov](mailto:dascc@aging.nv.gov)  
775.687.4210 Fax: 775.687.4264  
<http://www.nvaging.net>

## Reno Office

445 Apple Street, Ste. 104  
Reno, NV 89502  
775.688.2964 Fax: 775.688.296

## CDC Diabetes Information (Centers for Disease Control)

<http://www.cdc.gov/diabetes>

*Includes links to State Diabetes Control Programs.*

## Children With Special Health Care Needs

<http://www.health.nv.gov>

*Includes link to the Nevada State program to assist families with children under 19 years old with Type 1 diabetes.*

## Children With Special Health Care Needs

<http://www.health.nv.gov>

*Information and links to sites for healthy living, chronic diseases, tobacco facts, exercise and more.*

## National Institute of Diabetes, Digestive and Kidney Diseases

<http://www.diabetes.niddk.nih.gov>

*Information on diabetes and related Health & Research findings.*

## National Diabetes Education Program

<http://www.ndep.nih.gov>

*Several publications on diabetes education available for various ages and cultures in different languages.*

## State of Nevada Diabetes Prevention and Control

<http://www.health.nv.gov/CDdiabetes.htm>

*Includes links to State Diabetes Control Programs.*

## WorldDoc Foundation

<http://www.myhealthynv.com>

*Online tool to assist Nevadans without insurance to manage their health and save money. Website includes diabetes health assessments and discount drug cards*

# DIABETES ON THE INTERNET



## ORGANIZATIONS

### American Association of Clinical Endocrinology

<http://www.aace.com>

*A good place to start if you need a diabetes specialist in your community.*

### American Association of Diabetes Educators

<http://www.diabetes.org>

### American Heart Association

<http://www.americanheart.org>

*Heart disease and diabetes all too often go hand in hand. This is a good place to start to get important heart health information.*

### Canadian Diabetes Association

<http://www.diabetes.ca/>

*From the nation where insulin was developed by Drs. Banting and Best.*

### Joslin Diabetes Center

<http://www.joslin.org>

*Established in 1898, and affiliated with Harvard Medical School, Joslin leads the field in both basic and clinical diabetes research, and is devoted to educating both patients and professionals.*

### Children With Diabetes

<http://www.childrenwithdiabetes.com>

*Online community for children, families and adults.*

### Lions Club International

<http://www.lionsclubs.org/EN/how-we-serve/health/diabetes-programs.php>

*Offers diabetes awareness education, information and links to additional programs. Call your local chapter to see what they offer for diabetes support and classes near you.*

### The Islet Foundation

<http://www.islet.org>

*Islet research information*

### Juvenile Diabetes Research Foundation

<http://www.jdrf.org>

## INFORMATION ON COMPLICATIONS FROM DIABETES

### Kidney Diseases

<http://www.kidney.niddk.nih.gov>

### Neuropathy

<http://www.neurologychannel.com/neuropathy>

### The Neuropathy Association

<http://www.neuropathy.org>

### Retinopathy and Eye Conditions

<http://www.aao.org>

*Diabetic retinopathy is one of the most common complications associated with diabetes.*

## MEDICATION AND EQUIPMENT

### Dexcom – Glucose Monitor/Sensor

[www.dexcom.com](http://www.dexcom.com)

### Tandem – Insulin Pump

[Tandemdiabetes.com](http://Tandemdiabetes.com)

### Animas – Insulin Pump & Glucose Management System

[www.animas.com](http://www.animas.com)

### Abbott Diagnostics Diabetes Now

<http://www.glucerna.com/diabetes-connect>

### Becton Dickson

<http://www.bddiabetes.com>

### Eli Lilly

<http://www.lillydiabetes.com/pages/index.aspx>

### Lifescan

<http://www.lifescan.com>

### Medtronic – Insulin Pump, Glucose Monitor/Sensor

<http://www.medtronicdiabetes.com>

# DIABETES ON THE INTERNET

## **Novo Nordisk**

<http://www.novonordisk.com>

## **Pump Wear Inc.**

<http://www.pumpwearinc.com>

## **ADDITIONAL INTERNET RESOURCES**

### **Find a Diabetes Educator**

[www.diabeteseducator.org/patient/resources/find-a-diabetes-educator](http://www.diabeteseducator.org/patient/resources/find-a-diabetes-educator)

### **Inpatient Alcohol & Drug Rehab Centers**

800.406.7633

[www.rehabcenter.net/resources/](http://www.rehabcenter.net/resources/)

*Advice on treatment, cost, government funding detox, and intervention.*

### **Alco Rehab**

[www.alcorehab.org](http://www.alcorehab.org)

### **Quit Smoking Community**

[www.quitsmokingcommunity.org](http://www.quitsmokingcommunity.org)

### **Drug Watch**

[www.drugwatch.com/health](http://www.drugwatch.com/health)

Education on prescription/OTC drugs, medical devices and drug uses that cause harm.

### **Mesothelioma Treatment Community**

888.322.3075

[www.TreatMesothelioma.org](http://www.TreatMesothelioma.org)

### **Bayer HealthCare**

<http://www.simplewins.com/site/adults/achieve>

*Motivates adults, teens, kids, and parents through fitness videos, nutrition guides and tips and tools for daily use.*

### **Diabetes Monitor**

<http://www.diabetesmonitor.com>

*Extensive site filled with excellent information and links*

### **Diabetes Net**

<http://www.diabetesnet.com>

*Online diabetes shopping mall and information.*

### **dLife For Your Diabetes Life**

<http://www.dlife.com>

*Online magazine, pod casts, recipes and more.*



### **Protect Your Children**

[jessica@kidguard.com](mailto:jessica@kidguard.com)

[www.kidguard.com](http://www.kidguard.com)

### **Substance Abuse and Diabetes**

<http://www.drugabuse.com/guides/substance-abuse-and-diabetes>

*Offers extensive research information and education about the harms associated with diabetes and substance abuse.*

### **Feline Diabetes**

<http://www.felinediabetes.com>

*A clearinghouse for diabetes questions and links concerning diabetes in cats.*

### **Diabetes in Dogs**

<http://www.cah.com/drlibrary/diabetesdogs.html>

*The common form of diabetes in dogs is analogous to juvenile diabetes in people.*

### **International Diabetes**

<http://www.diabetesaustralia.com>

*Extensive worldwide links to resources and research information.*

### **Ivanhoe News Diabetes Channel**

<http://www.ivanhoe.com/channels>

*Get the latest medical reports on breakthroughs in diabetes – discussion rooms and more.*

### **David Mendosa Diabetes Resources**

<http://www.mendosa.com/diabetes.htm>

*Offers extensive links to and information on diabetes.*

### **Merck Engage**

<http://www.merckengage.com>

*Meal planners, educational materials and more.*

### **Sanofi Aventis**

<http://www.goinsulin.com>

*Discusses issues with insulin through the stories of people with diabetes.*

### **A1C Champions**

<http://www.a1cchampions.com>

*People with diabetes share their personal stories.*